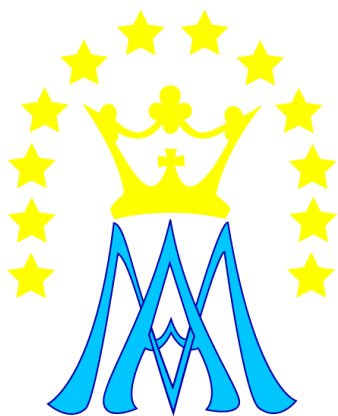


Salve Regina

Salve, Regina, mater misericordiae;
vita, dulcedo et spes nostra, salve.
Ad te clamamus, exsules filii Hevae
Ad te suspiramus, gementes et flentes
in hac lacrimarum valle.
Eia ergo, advocate nostra,
illos tuos misericordes oculos
Ad nos converte.
Et Jesum, benedictum fructum ventris tui.
nobis post hoc exsilium ostende.
O Clemens,
O pia,
O dulcis,
Virgo Maria.



PLEASE **KINDLY**
LEAVE THIS PROGRAM IN
CHURCH
THANK YOU!

Holy Hour



St. Pius X Catholic Church
Norfolk, Virginia

Kindly leave this program in church. Thank you.

Exposition: After the people have assembled, the following or another hymn may be sung as the celebrant comes to the altar with Jesus in the Most Blessed Sacrament and incenses the Blessed Sacrament.

Kneel

O Salutaris Hostia

Latin (or see English translation on the next page)

Music is available in the Gather Hymnal #130

O Salutaris Hostia
Quae coeli pandis ostium:
Bella premunt hostilia,
Da robur, fer auxilium.
Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria.
Amen.

O Sacrament most holy, O Sacrament Divine. All praise and all thanksgiving be every moment thine.

Reposition

After the blessing the priest or deacon replaces the Most Blessed Sacrament in the tabernacle. The following or another suitable hymn may be sung. (after the Tabernacle door is closed)

Stand

Holy God, we praise Thy Name

Music is available in the Gather Hymnal #519

Holy God, we praise Thy Name;
Lord of all, we bow before Thee;
All on earth Thy scepter claim,
All in heaven above adore Thee.
Infinite Thy vast domain,
Everlasting is Thy reign!

Hark, the loud celestial hymn;
Angel choirs above are raising;
Cherubim and Seraphim,
In unceasing chorus praising,
Fill the heavens with sweet accord:
Holy, holy, holy, Lord!

The Divine Praises

Music is available in the Gather Hymnal #133

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God, and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His angels and in His saints.

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.

(English)

O Saving Victim

O saving Victim, open wide
The gate of heav'n to us below!
Our foes press on from ev'ry side;
Your aid supply, your strength bestow.
To your great name be endless praise,
Immortal Godhead, One in Three;
O grant us, endless length of days,
When our true native land we see.
Amen.

After exposition, the celebrant incenses the Most Blessed Sacrament.

Prayers: The celebrant then begins with the opening prayer to the Holy Spirit.

V. In the Name of the Father and the Son and of the Holy Spirit.

R. Amen

Prayer to the Holy Spirit

V. Come, O Holy Spirit, fill the hearts of Your faithful, and kindle in them the fire of Your love. Send forth Your Spirit, and they shall be created.

R. And You shall renew the face of the earth.

V. Let us pray. O God, Who did instruct the hearts of the faithful by the light of the Holy Spirit, grant us in the same Spirit to be truly wise & ever to rejoice in His consolation, through Jesus Christ our Lord.

R. Amen.

Adoration Prayer

My Lord Jesus Christ,
I believe that You are really here in this Sacrament.
Night and day You remain here
compassionate and loving,
You call, You wait for,
You welcome everyone who comes to visit you.
I thank you, Jesus, my Divine Redeemer
for coming upon the earth for our sake
and for instituting the Adorable Sacrament
of the Holy Eucharist
in order to remain with us until the end of the world.
I thank You for hiding beneath the Eucharistic species
Your infinite majesty and beauty,
which Your Angels delight to behold,
so that I might have courage to approach
the throne of Your mercy.
I thank You dear Jesus,
for having become the priceless Victim,
to merit for me the fullness of heavenly favors.
Awaken in me such confidence in You
that their fullness may descend
ever more fruitfully upon my soul.
I thank You for offering Yourself in thanksgiving to God
for all His benefits, spiritual and temporal
which He has bestowed on me.
Grant me grace and perseverance
in Your faithful service.

Amen.

(English)

V. You have given them Bread from heaven.
(P.T. Alleluia).

R. Having all sweetness within it.
(P.T. Alleluia).

Afterward the minister rises and sings or says:

Let us pray.
Lord Jesus Christ, You gave us the
Eucharist as the memorial of Your
suffering and death. May our worship
of this sacrament of Your Body and
Blood help us to experience the
salvation You won for us and the
Peace of the kingdom where You live
with the Father and the Holy Spirit,
one God, forever and ever.

R. Amen.

The celebrant then blesses the people with Our Lord in
the Most Blessed Sacrament.

Latin (or see English translation on next page)

V. Panem de caelo praestitisti eis.
(P.T. Alleluia).

R. Omne delectamentum in se habentem.
(P.T. Alleluia).

Afterward the minister rises and sings or says:

Oremus,
Deus, qui nobis sub sacramento
mirabili, passionis tuae memoriam
Reliquisti; tribue, quaesumus, ita nos
Corporis et Sanguinis tui sacra
mysteria venerari, ut redemptionis
tuae fructum in nobis jugiter
Sentiamus. Qui vivis et regnas in
saecula saeculorum.

R. Amen.

The celebrant then blesses the people with Our Lord in
the Most Blessed Sacrament.

**Prayers and Litanies
may be chosen by the celebrant**

Silent Adoration

O Sacrament most holy, O Sacrament Divine.
All praise and all thanksgiving be every moment thine.

During this time you may sit or kneel. It is a time for
private prayer.

Fatima Prayer:

O My Jesus, forgive us our sins, save us from the fires of
hell and lead all souls to Heaven, especially those who
are in most need of Thy Mercy.

General Benediction: Kneel

After the Prayers, Litanies and Adoration and at the end
of exposition, the priest or deacon goes to the altar,
genuflects, and kneels. Then the following or another
suitable Eucharistic hymn is sung.



Kneel

Latin (or see English translation on the next page)

Music is available in the Gather Hymnal #132

Tantum Ergo

Tantum ergo Sacramentum
Veneremur cernui,
Et antiquum documentum
Novo cedat ritui;
Praestet fides supplementum,
Sensuum defectui.

Genitori Genitoque
Laus et jubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio.

Amen.

(English)

Music is available in the Gather Hymnal #132

Down in Adoration Falling

Down in adoration falling,
This great Sacrament we hail,
Over ancient forms of worship
Newer rites of grace prevail
Faith will tell us Christ is present,
When our human senses fail.

To the everlasting Father,
And the Son who made us free,
And the Spirit, God proceeding
From Them Each eternally,
Be salvation, honor, blessing,
Might and endless majesty.

Amen.

