

In-Home Respite Care

Providing a break for the Caregiver

We can provide an opportunity for the caregiver to run errands, visit the doctor, or relax knowing that his or her loved one is being taken care of.

- A trained Respite Worker will stay in the home assuring the care receiver's safety and offer them companionship.
- We are unable to provide services such as bathing, personal care, housekeeping, transportation, or overnight care.
- The Care Receiver or Caregiver must be at least 60 or older.
- We offer 3 to 8 hour increments of service Monday-Sunday (depending on the availability of the worker).
- The fee is \$8.00 an hour. (sliding scale based on available funding).
- Please call to schedule a home assessment.
- If you think this program will help you or someone you know who resides in the Hampton Roads area, please call.
- You don't have to be Catholic to receive our help or to help us help others.



Catholic Charities serves all of the community and does so without regard to race, gender, national origin, religion, age or disability.



Call 757-875-0060 Ext. 1012

**For more information or
to sign up for the program**

*The In-Home Respite Program and eligible
subsidies are provided in part by Senior
Services of Southeastern Virginia*